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Amore Magazine podcast #42- Rodney Sheppard of Sugar Ray



For the better part of six years you probably haven't heard much buzz about the band Sugar Ray, but like everyone in America you remember rocking out in the late 90's, early 2000's to such hits as "Fly" and "When It's Over." Well it's not over for Sugar Ray as the band plans to release their first new album in six years entitled "Music for Cougars." While the band members all still live within a 2 mile radius in Newport Beach, California, they have remained close friends during the hiatus. Mark McGrath went on to co-host the nationally syndicated entertainment news program, "Extra" and the rest of the band started their families.

No matter where this album and tour will take them, they are humble for what they have already achieved. Their fans who have remained their fans will continue to come to their shows loving a band that America ~~had~~ continues to fall in love with because to them six years might have as well been 6 days as the band hasn't seemed to miss a beat in what made them so successful from the start.

We interviewed Sugar Ray guitarist Rodney Sheppard for the Amore Magazine podcast the week before they left So Cal for a national tour this summer in support of their new album.

Sugar Ray's new album "Music for Cougars" (Pulse/Fontana/Universal) is set to drop July 21st. For more info on the band's current tour visit: SugarRay.com

For Amore Magazine's exclusive interview with Rodney Sheppard, direct download [Amore Magazine podcast #42](#).

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